

# **Neural Mobilization (Part 1): Peripheral Nerves of Shoulder and Pelvic Girdles**

**Dates:** October 14-17 2010

**Location:** Brookfield, WI, The YogAsylum, 3815 N Brookfield Rd., Brookfield, WI  
[www.yogasylum.com](http://www.yogasylum.com)

**Instructor:** Jonathan Martine

**Fees:** \$695.00 or \$645.00 if paid in full by August 30, 2010.

25% administration fee if cancelled less than 30 days prior to the class

**Registration:** [j.martine@comcast.net](mailto:j.martine@comcast.net) or call 303-702-0681 to talk to Katie or Jon

**Credits:** This course is approved for 32 Category I IASI Credits

**Course Description:** This class explores the relationship of neural fascial restriction/inflammation to structural imbalances. When the body has nerve fascia that is restricted and fails to glide, the entire system becomes pre-occupied. Reducing this “pre-occupation” is necessary for reducing pain and restoring optimal function.

We will explore through lecture, palpation and hands-on exchange:

- Assessments for fascial, nerve, joint, and functional restriction.
- How neurogenic inflammation and impaired nerve mobility restrict movement of fascia, joints and core stability.
- Learn new approaches to tissue and joint mobilization, and re-patterning movement.
- Develop integrative strategies to release peripheral nerve restriction for lasting change, from local restriction to global function.
- Pre and Post-intervention assessments for orthopedic, movement and subjective findings.

[CLASS FLYER](#)

**Instructor Biography:** Jonathan Martine is a Certified Advanced Rolfer™ since 1990, Registered Movement Therapist, and Rolf Institute® Faculty member since 1993. Jonathan draws from the work of Jean-Pierre Barral, DO, Australian PT's, David Butler, Michael Shacklock, and Chiropractor/Rolfer Don Hazen in a synthesis of nerve related work.