

“Techniques for Ouchless Structural Integration”

Siana Goodwin

"This workshop will demonstrate an idiosyncratic approach to SI, using the depth of the connective tissue matrix and a traingulation approach to tissue restrictions. The result is work that is not only easy on the practitioner's body, but deeply relaxing to the client."



"Siana Goodwin has been an SI practitioner since 1980, and has been studying continuously since then. In 1992 she pioneered the application of SI in the workplace through her work with repetitive stress injuries at Starkey Laboratories, Inc."